

**Bones and Muscles ▪ 13.3 Review and Reinforce**

# The Muscular System

**Understanding Main Ideas**

Complete the table below to describe the characteristics of each type of muscle. Write yes or no next to each number.

Muscle Types	Voluntary	Involuntary	Reacts quickly	Tires quickly
Skeletal	1.	2.	3.	4.
Smooth	5.	6.	7.	8.
Cardiac	9.	10.	11.	12.

Answer the following questions in the spaces provided.

13. Why do skeletal muscles have to work in pairs?

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14. How can you help prevent muscle injuries?

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**Building Vocabulary**

Answer the following questions with a short statement.

15. What types of actions are controlled by smooth muscles? What type of muscle is smooth muscle?

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16. What types of actions are controlled by skeletal muscles? What type of muscle is skeletal muscle?

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17. How is cardiac muscle similar to both smooth muscle and skeletal muscle?

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